

ASIAN PESTO GOLDEN CUTLET

INGREDIENTS

3 Pieces Harvest Gourmet Cutlet

10 Units Cherry Tomatoes

6 Leaves Lettuce, Green Leaf, Raw

1/2 Cup Olive Oil

50 Grams Spring Onion

300 Grams Coriander Leaves

40 Grams Garlic

40 Grams Ginger

1 Teaspoon Mushroom Seasoning





27 MIN



INTERMEDIATE



PREPARATION

1.

To make the sauce, heat up olive oil in a pot and add in the Asian pesto sauce's ingredients. Once the spring onion and coriander has turn aromatics and darker green, transfer into a blender and blend well. Set aside.

2.

To cook Harvest Gourmet Plant-Based Cutlet, set it into the air fryer to cook at 180°C for 10-12 minutes.

3.

Once done, cut the cutlets into long pieces, arrange on a plate, and pour the Asian pesto sauce onto the cutlets.

4.

To make the side salad, tossed the salad with salad dressing. Then place it on the side of the plates with some cherry tomatoes on top.

5.

Serve while hot.

Recipe created by CHEF KC CHOONG

CHECK OUT MORE RECIPES AT GARDENGOURMET.COM

NUTRITIONAL INFORMATION

TYPICAL VALUES	PER SERVING
CARBOHYDRATES	12.2 Grams
ENERGY	299.2 Kilocalories
FATS	23.8 Grams
PROTEIN	9.2 Grams